VEGETARIAN

HOMEMADE FALAFEL (v) (vg) 16.90
Deep fried patty balls, made from broad beans, chickpeas, vegetable fritters and herbs. Served with hummus & rice.

VEGETARIAN KEBAB (v) 17.50
Grilled aubergine, courgette, peppers, onion and all vegs moved to pan, blended with butter, herbs and homemade sauce. Served with halluomi cheese on top and rice on side.

VEGGIE PLATTER (v) 18.50
Sigara borek, halloumi, falafel, hummus, mixed veggie & sweet chilli sauce. Served with rice.

GOAT CHEESE & VEGETABLES 17.50
Salamander Goat cheese with mixed vegetables. Served with rice.

VEGGIE PENNE PASTA 18.50
Pan fried mixed peppers, onion, tomato, mushroom and garlic. Served with homemade tomato and pepper sauce. Topped with Parmesan cheese.

SALAD

MEDITERRANEAN SALAD (v) 6.00
Chopped tomato with cucumber, green pepper, red onion, parsley. Served with olive oil & pomegranate sauce.

FETA CHEESE SALAD (v) 7.00
Mixed leaves, walnuts, pomegranate, feta cheese, olive oil & pomegranate sauce.

GREEK SALAD (v) 7.50
Chopped tomato with cucumber, green pepper, red onion, parsley, black & green olives & feta cheese. Served with olive oil & pomegranate sauce.

CHICKEN AVOCADO SALAD 16.50
Grilled chicken breast, served on a bed of green leaves, avocado, homemade dressing & Parmesan cheese.

HALLUOMI & AVOCADO SALAD (v) 16.00
Grilled halloumi, avocado, peppers, mixed leaves & homemade sauce.

KIDS MENU

Served with chips or rice except Penne pasta

CHICKEN SHISH 11.90
CHICKEN BURGER 9.00
KIDS ADANA 11.00
CHICKEN NUGGETS 9.00
PENNE PASTA 9.00
CHICKEN WINGS 10.90

SIDES

CHIPS (v) 4.00
RICE (v) 4.00
BULGUR (v) 4.00
ASPARAGUS (v) 7.00
SAUTÉED POTATOES (v) 6.00
MASHED POTATOES (v) 6.00
MIX VEGGIE GRILL (v) 6.50

RAW MEAT

All of Our raw meat ara sold by Kilograms and they all are marinated

ADANA 29.00
CHICKEN WINGS 24.00
CHICKEN SHISH 29.00
LAMB RIBS 41.00
LAMB SHISH 51.00
LAMB CHOPS 51.00



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/tarlarestaurant





FOOD ALLERGIES AND INTOLERANCES

Before ordering your food and drinks, please speak to a member of our staff.
If you have allergies or want to know more about the ingredients.
The majority of our dishes contain bones and the bread has contact with cooked meat.
Children should be supervised giving their order and while eating.
We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives.
Some items may contain gluten. All menu items are subject to availability.



COLLECTION

01438 35 04 04

Opening Hours:
Fri – Sat 12pm to 10:30pm
Sun – Thu 12pm to 9:30pm

COLD STARTER

HUMMUS (v) (vg) 5.50
Mashed chickpeas, blended with tahini, olive oil, lemon juice & garlic.

CACIK (v) 5.50
Diced cucumber mixed in garlic yoghurt with fresh mint.

SHAK SHUKA (v) (vg) 5.50
Baked aubergine and potatoes mixed with pepper and tomatoes. Served with yoghurt.

BABA GANOUSH (v) 6.50
Coal-roasted aubergine & red peppers, yoghurt, garlic, olive oil & lemon.

STUFFED VINE LEAVES (v) (vg) 5.50
Vine leaves stuffed with rice, Turkish dried grapes & dill.

BEETROOT TARATOR (v) 5.50
A vibrant blend of roasted beetroot, yogurt, garlic, mayo & walnuts

FETA CHEESE (v) 5.50
Feta cheese with fresh tomatoes & virgin olive oil.

MIXED OLIVES (v) (vg) 5.00
Black & green olives with virgin olive oil & lemon piece.

CRAYFISH & AVOCADO COCKTAIL 8.00
Fresh crayfish served with mix leaves salad & Marie Rose sauce.

MIX COLD STARTER

FOR 2 14.50
Cacik, Hummus, Shak shuka, Baba ganoush.

FOR 4 23.00
Hummus, Tarama, Cacik, Shak shuka, Baba ganoush & Stuffed vine leaves.

HOT STARTER

SOUP OF THE DAY 7.00
Please ask a member of our staff for today's daily soup.

HALLOUMI (v) 7.90
Char-grilled Cypriot cheese with nigella seeds, honey & pomegranate dressing.

CRISPY HALLOUMI FRIED (v) 7.50
Fried Cypriot cheese with nigella seeds, honey & pomegranate dressing.

HALLOUMI & MUSHROOMS (v) 8.50
Pan fried, small cut halloumi with mushrooms, garlic & herbs.

HALLOUMI & SUCUK 8.50
Char grilled garlic beef sausage & Cypriot cheese.

SUCUK 8.50
Char-grilled Turkish spicy garlic beef sausage.

FALAFEL (v) (vg) 7.00
Homemade deep fried patty balls made from broad beans, chickpeas, vegetable fritters & herbs. Served with hummus.

GARLIC MUSHROOMS (v) 7.00
Pan fried whole mushrooms blended with fresh garlicherbs, served with melted cheese.

HUMMUS KAVURMA 8.90
Hummus, topped with pan fried, marinated chopped lamb.

SIGARA BOREK (v) 7.90
Homemade deep fried filo pastry. Rolls with feta cheese, dill & spinach. Served with sweet chilli sauce.

CHICKEN LIVER 7.90
Pan fried chicken liver with butter & herbs. Served with marinated red onions.

CHICKEN WINGS 7.00
4 pieces of charcoal grilled chicken wings, blended with cayenne pepper sauce.

HONEY GLAZED GOAT CHEESE 8.50
Honey glazed goat cheese, walnuts. Served with fig jam, mix leaves and honey balsamic glaze.

POTATO SOUFFLE (v) 7.50
Mashed potato with cheddar & feta cheese.

FALAFEL & SIGARA BOREK (v) 7.90
Deep fried filo pastry with feta cheese dill spinazi & deep fired potty bells made from brood beans, chickpeas vegetable. Served with humus & sweet chilli sauce.

CHICKEN WINGS BANG BANG 7.50
Crispy fried boneless chicken wings with Bang Bang sauce

OCTOPUS 11.50
Marinated Char-grilled ocotpus.

KING PRAWNS 9.90
Pan fried king prawns with butter, garlic, fresh tomato, lemon juice & white wine.

CALAMARI 8.50
Homemade deep fried fresh squid rings with tartar sauce.

MIX HOT STARTER

For 2 pp 17.90 **For 3 pp 25.50** **For 4 pp 32.90** **For 5 pp 41.90** **For 6 pp 46.90**

A platter with pieces of each: sucuk, halloumi, falafel, calamari & sigara borek.

MIX SEAFOOD STARTER

For 2 pp 23.50 **For 3 pp 35.90** **For 4 pp 46.90** **For 5 pp 58.90**

Calamari, King Prawns, Octopus, Cry Fish and Avocado.

CHARCOAL GRILL

All served with rice.

CHICKEN SHISH 18.50
Marinated cubes of chicken grilled on charcoal.

CHICKEN THIGHS 18.90
Boneless grilled chicken thighs with herbs. Served with chips.

CHICKEN WINGS 16.90
Marinated chicken wings grilled on charcoal.

ADANA KEBAB 18.50
Marinated minced lamb grilled on charcoal.

LAMB SHISH 27.50
Marinated cubes of lamb, grilled on charcoal.

LAMB RIBS 21.50
Lamb ribs grilled with herbs.

LAMB CHOPS 27.90
Lamb best end, grilled with herbs.

MIXED SHISH 22.50
Combination of lamb & chicken shish.

MIXED KEBAB 25.50
Combination of adana kebab lamb & chicken shish.

TARLA SPECIAL 27.50
Combination of lamb ribs, chicken wings, adana kebab, chicken & lamb shish.

CHICKEN SPECIAL 23.90
Combination of chicken shish chicken wings & chicken beyti.

LAMB SPECIAL 30.90
Combination of lamb shish, lamb ribs, adana kebab & lamb chops.

LAMB BEYTI 18.90
Minced lamb mixed with pepper & garlic. Homemade tomato pepper sauce, melted cheese on top. Served with rice and yoghurt.

CHICKEN BEYTI 19.90
Minced chicken mixed with pepper & garlic. Homemade tomato peppers sauce & melted cheese on top. Served with rice and yoghurt.

COMBINATIONS

CHICKEN SHISH & ADANA	20.90
LAMB SHISH & ADANA	22.50
LAMB CHOPS & LAMB RIBS	25.50

GRILLED YOGHURT DISH

KEBABS WITH YOGHURT

Served on a bed of crispy bread with yogurt, tomato pepper sauce & drizzled butter. Served with rice.

Adana	19.90
Chicken Shish	19.90
Lamb Shish	28.50

LAMB SARMA BEYTI 20.50
Skewered, charcoal grilled minced lamb, rolled with thin lavash bread with cheese. Sliced cut on the plate with homemade tomato and pepper sauce and melted cheese on top served with yoghurt.

CHICKEN SARMA BEYTI 20.50
Skewered, charcoal grilled minced chicken, rolled with thin lavash bread with cheese. Sliced cut on the plate with homemade tomato and pepper sauce and melted cheese on top served with yoghurt.

CHEF'S SPECIAL

KLEFTIKO (KUZU INCIK) 21.90
Oven baked lamb shank. Served with turmeric mashed potatoes, boiled vegs & gravy sauce on all over the portion.

CHICKEN LIVER 17.50
Pan fried chicken liver with butter & herbs, served with marinated red onions & rice.

CHICKEN ASPARAGUS 20.50
Grilled chicken breast with mushroom and asparagus in a creamy cheese sauce.

LAMB MOUSSAKA 18.90
Minced lamb placed within layers ofaubergines, potatoes, courgettes, onion, mixed peppers. Glazed over with bechamel sauce & cheese. Served with yoghurt and rice on side.

LAMB STEAK 24.50
Special marinated charcoal grilled lamb fillet. Served with chips.

CHICKEN MELT BURGER 17.90
Grilled chicken, topped with melted cheese, mix leaves, tomato. Served with chips.

ALI NAZIK

Skewered, charcoal grilled lamb or chicken shish, chopped on blended aubergine with garlic, red pepper, yoghurt & a drizzle of butter. Served with rice.

Lamb	28.50
Chicken	21.90

CASSEROLE DISHES

Pan fried cubed lamb or chicken or seafood. With tomato, onion, mixed peppers, mushroom, garlic and butter. Served with rice.

Lamb	21.00
Chicken	19.90
Mixed seafood	21.50

PENNE PASTA

Pan fried chicken or king prawns in the butter, garlic, tomato, mix pepper & mushroom. Also available creamy & Spicy.

Chicken	18.00
King Prawns	22.00
Mix seafood	22.00

FISH SPECIAL

SEA BASS 21.50
Marinated & char-grilled, sea bass fillet with mixed herbs. Served with mashed potatoes and asparagus.

CALAMARI 21.50
Deep fried fresh squid rings. Served with chips & homemade tartar sauce.

GRILLED TIGER PRAWN 24.50
Grilled Tiger prawn over charcoal. Served with rice & salad.

KING PRAWN 24.00
Pan fried Kins prawn with mix pepper, garlic, fresh tomatoes, white wine, homemade tomato & pepper sauce with herbs Served with rice.

OCTOPUS 25.50
Marinated char-grilled octopus. Served with chips and salad

SALMON 22.90
Marinated & char-grilled, salmon fillet with mixed herbs. Served with mashed potatoes & asparagus.

MIXED FISH KEBAB 25.50
Marinated cubes of Salmon, Tiger King Prawns, Monk Fish skewered & char-grilled with onion & peppers. Served with mashed potatoes & asparagus.

MONK FISH SHISH 25.50
Marinated skewered & char-grilled Monk Fish with red peppers & onion. Served with mashed potatoes & asparagus.

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