

## VEGETARIAN

### HOMEMADE FALAFEL (v) (vg) 18.90

Deep fried patty balls, made from broad beans, chickpeas, vegetable fritters and herbs. Served with hummus & rice.

### VEGETARIAN KEBAB (v) 18.90

Grilled aubergine, courgette, peppers, onion and all vegs moved to pan, blended with butter, herbs and homemade sauce. Served with halloumi cheese on top and rice on side.

### VEGGIE PLATTER (v) 19.90

sigara borek, halloumi, falafel, hummus, mixed veggie & sweet chilli sauce. Served with rice.

### GOAT CHEESE & VEGETABLES 19.50

Salamander Goat cheese with mixed vegetables. Served with rice.

### VEGGIE PENNE PASTA 18.50

Pan fried mixed peppers, onion, tomato, mushroom and garlic. Served with homemade tomato and pepper sauce. Topped with Parmesan cheese.

## SALAD

### MEDITERRANEAN SALAD (v) 7.50

Chopped tomato with cucumber, green pepper, red onion, parsley. Served with olive oil & pomegranate sauce.

### GREEK SALAD (v) 8.90

Chopped tomato with cucumber, green pepper, red onion, parsley, black & green olives & feta cheese. Served with olive oil & pomegranate sauce.

### FETA CHEESE SALAD (v) 8.00

Mixed leaves, walnuts, pomegranate, feta cheese, olive oil & pomegranate sauce.

### CHICKEN AVOCADO SALAD 19.50

Grilled chicken breast, served on a bed of green leaves, avocado, homemade dressing & Parmesan cheese.

### HALLUOMI & AVOCADO SALAD (v) 18.00

Grilled halloumi, avocado, peppers, mixed leaves & homemade sauce.

## KIDS MENU

Served with chips or rice except Penne pasta

### CHICKEN SHISH 13.00

### CHICKEN NUGGETS 10.90

### CHICKEN BURGER 10.90

### PENNE PASTA 10.90

### KIDS ADANA 13.00

## SIDES

### CHIPS (v) 4.50

### ASPARAGUS (v) 7.00

### RICE (v) 4.00

### SAUTÉED POTATOES (v) 6.00

### BULGUR (v) 4.00

### MASHED POTATOES (v) 6.00

### MIX VEGGIE GRILL (v) 6.50

## RAW MEAT

All of Our raw meat ara sold by Kilograms and they all are marinated

### ADANA 23.00

### LAMB RIBS 35.00

### CHICKEN WINGS 20.00

### LAMB SHISH 44.00

### CHICKEN SHISH 24.00

### LAMB CHOPS 44.00



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## FOOD ALLERGIES AND INTOLERANCES

Before ordering your food and drinks, please speak to a member of our staff.

If you have allergies or want to know more about the ingredients.

The majority of our dishes contain bones and the bread has contact with cooked meat.

Children should be supervised giving their order and while eating.

We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives.

Some items may contain gluten. All menu items are subject to availability.



TARLA  
RESTAURANT



## COLD MEZE

**HUMMUS (v)(vg) 6.50**  
Mashed chickpeas, blended with tahini, olive oil, lemon juice & garlic.

**BABA GANOUSH (v) 7.50**  
Coal-roasted aubergine & red peppers, yoghurt, garlic, olive oil & lemon.

**MIXED OLIVES & ALMONDS (v) (vg) 6.00**  
Black & green olives with virgin olive oil, almonds & lemon piece.

**CACIK (v) 6.50**  
Diced cucumber mixed in garlic yoghurt with fresh mint.

**SHAK SHUKA (v)(vg) 6.50**  
Baked aubergine and potatoes mixed with pepper and tomatoes. Served with yoghurt

**STUFFED VINE LEAVES (v) (vg) 6.50**  
Vine leaves stuffed with rice, Turkish dried grapes & dill.

**TARAMA 6.50**  
Freshly prepared cod roe.  
**CRAYFISH & AVOCADO COCKTAIL 9.00**  
Fresh crayfish served with mix leaves salad & Marie Rose sauce.

**FETA CHEESE (v) 6.50**  
Feta cheese with fresh tomatoes & virgin olive oil.

**MIX COLD MEZES 17.50**  
(for 2 persons)

Cacik, Hummus, Shak shuka, Baba ganoush.

**MIX COLD MEZES 25.50**  
(for 4 persons)

Hummus, Tarama, Cacik, Shak shuka, Baba ganoush & Stuffed vine leaves.

## HOT MEZE

**SOUP OF THE DAY 8.00**  
Please ask a member of our staff for today's daily soup.

**FALAFEL (v) (vg) 8.00**  
Homemade deep fried patty balls made from broad beans, chickpeas, vegetable fritters & herbs. Served with hummus.

**CHICKEN WINGS 8.00**  
4 pieces of charcoal grilled chicken wings, blended with cayenne pepper sauce.

**HALLOUMI (v) 8.50**  
Char-grilled Cypriot cheese with nigella seeds, honey & pomegranate dressing.

**CRISPY HALLOUMI FRIED (v) 8.50**  
Fried Cypriot cheese with nigella seeds, honey & pomegranate dressing.

**GARLIC MUSHROOMS (v) 8.50**  
Pan fried whole mushrooms blended with fresh garlic and herbs, served with melted cheese.

**HONEY GLAZED GOAT CHEESE 9.00**  
Honey glazed goat cheese, walnuts. Served with fig jam, mix leaves and honey balsamic glaze.

**HALLOUMI & MUSHROOMS (v) 9.00**  
Pan fried, small cut halloumi with mushrooms, garlic & herbs.

**HALLOUMI & SUCUK 9.50**  
Char grilled garlic beef sausage & Cypriot cheese.

**SUCUK 9.00**  
Char-grilled Turkish spicy garlic beef sausage.

**HUMMUS KAVURMA 9.00**  
Hummus, topped with pan fried, marinated chopped lamb.

**SIGARA BOREK (v) 8.50**  
Homemade deep fried filo pastry. Rolls with feta cheese, dill & spinach. Served with sweet chilli sauce.

**POTATO SOUFFLE (v) 8.50**  
Mashed potato with cheddar & feta cheese.

**FALAFEL & SIGARA BOREK (v) 8.50**  
Deep fried filo pastry with feta cheese dill spinach & deep fired potty bells made from brood beans, chickpeas vegetable. Served with humus & sweet chilli sauce.

**CHICKEN LIVER 9.00**  
Pan fried chicken liver with butter & herbs. Served with marinated red onions.

### MIX HOT MEZE

For 2 pp 19.50

For 4 pp 36.50

For 3 pp 28.50

For 5 pp 43.50

For 6 pp 50.00

A platter with pieces of each: sucuk, halloumi, falafel, calamari & sigara borek.

## SEA FOOD MEZE

**KING PRAWNS 9.90**  
Pan fried king prawns with butter, garlic, fresh tomato, lemon juice & white wine.

**SEARED SCALLOPS 11.50**  
Pan seared Atlantic scallops cooked in butter, garlic & herbs. Served with mashed potatoes.

**BUTTERFLY PRAWNS 9.50**  
Sautéed in butter, garlic, white wine and herbs.

**CALAMARI 9.00**  
Homemade deep fried fresh squid rings with tartar sauce.

### FISH PLATER 24.50

Scallop, Crispy Calamari, Butterfly Prawns, Crayfish & Avocado.

## CHARCOAL GRILL

All served with rice.

### CHICKEN SHISH 19.90

Skewered cubes of chicken, marinated with pepper paste, vegetable oil & herbs.

### LAMB BEYTI 20.00

Skewered minced lamb blended with red peppers, garlic & herbs. Homemade tomato and mixed peppers sauce & melted cheese on top. Served with rice and yoghurt.

### ADANA KEBAB 19.90

Skewered minced lamb blended with red peppers & herbs.

### LAMB SHISH 25.50

Skewered cubes of lamb, marinated with pepper paste, vegetable oil & herbs.

### CHICKEN BEYTI 20.00

Skewered minced chicken blended with red peppers, garlic & herbs. Homemade tomato and mixed peppers sauce & melted cheese on top. Served with rice and yoghurt.

### CHICKEN WINGS 18.50

Marinated 8 pieces of chicken wings over charcoal grill.

### LAMB RIBS 22.00

Lamb ribs grilled with herbs.

### LAMB CHOPS 27.50 (4 pieces)

Lamb best end, grilled with herbs.

### CHICKEN SPECIAL 25.00

Combination of chicken shish chicken wings & chicken beyti.

### TARLA SPECIAL 29.90

Combination of lamb ribs, chicken wings, adana kebab, chicken & lamb shish.

### MIXED SHISH 23.00

Combination of lamb & chicken shish.

### MIXED KEBAB 27.50

Combination of adana kebab lamb & chicken shish.

### LAMB SPECIAL 32.50

Combination of lamb shish, lamb ribs, adana kebab & lamb chops.

## GRILLED YOGHURT DISH

### YOGURTLU ADANA 22.00

Skewered, charcoal grilled minced lamb, chopped on bread croutons with homemade tomato & pepper sauce with garlic yoghurt & a drizzle of butter.

### LAMB SARMA BEYTI 23.00

Skewered, charcoal grilled minced lamb, rolled with thin lavash bread with cheese. Sliced cut on the plate with homemade tomato and pepper sauce and melted cheese on top served with yoghurt.

### YOGURTLU CHICKEN SHISH 22.00

Skewered, charcoal grilled chicken shish, chopped on bread croutons with homemade tomato and pepper sauce with garlic yoghurt & a drizzle of butter.

### CHICKEN SARMA BEYTI 23.00

Skewered, charcoal grilled minced chicken, rolled with thin lavash bread with cheese. Sliced cut on the plate with homemade tomato and pepper sauce and melted cheese on top served with yoghurt.

## CHEF'S SPECIAL

### SEAFOOD CASSEROLE 24.00

Pan fried mixed seafood (prawns, mussels, squid, salmon) with mushroom, peppers, onion, fresh tomato. Served with rice on side.

### CHICKEN PENNE PASTA 21.00

Pan fried chicken in butter with garlic, then mixed peppers, mushrooms & tomato. Served with homemade tomato & pepper sauce. Topped with parmesan cheese. Also available creamy

### LAMB CASSEROLE 23.50 or CHICKEN CASSEROLE 21.50

Pan fried cubed lamb or chicken with tomato, onion, peppers, mushroom, garlic blended with butter. Served with rice on side.

### ALI NAZIK

**LAMB 27.50** **CHICKEN 23.00**  
Skewered, charcoal grilled lamb or chicken shish, chopped on blended aubergine with garlic, red pepper, yoghurt & a drizzle of butter.

### KLEFTIKO (KUZU INCIK) 22.50

Oven baked lamb shank. Served with turmeric mashed potatoes, boiled vegs & gravy sauce on all over the portion.

### LAMB STEAK 25.00

Special marinated charcoal grilled lamb fillet. Served with chips.

### CHICKEN LIVER 19.00

Pan fried chicken liver with butter & herbs, served with marinated red onions & rice.

### RIB-EYE STEAK 34.50

Grilled juicy-cut steak, served with vine tomatoes, asparagus, garlic & herb compound butter ve gravy sauce. Served with chips.

### CHICKEN ASPARAGUS 22.00

Grilled chicken breast with mushroom and asparagus in a creamy cheese sauce.

### CHICKEN MELT BURGER 18.50

Grilled chicken fillet, topped with melted cheese, mix leaves, tomato. Served with chips.

### LAMB MOUSSAKA 19.90

Minced lamb placed within layers of aubergines, potatoes, courgettes, onion, mixed peppers. Glazed over with bechamel sauce & cheese. Served with yoghurt and rice on side.

### SEAFOOD PENNE PASTA 24.00

Pan seafood in the butter with garlic, mix peppers, mushroom & homemade tomato sauce. Also available creamy.

## FISH SPECIAL

### SEA BASS 22.50

Marinated and char-grilled, sea bass fillet with mixed herbs. Served with mashed potatoes and asparagus.

### SALMON 23.50

Marinated and char-grilled, salmon fillet with mixed herbs. Served with mashed potatoes and asparagus.

### CALAMARI 21.50

Deep fried fresh squid rings. Served with chips and homemade tartar sauce.

### MIXED FISH KEBAB 25.50

Marinated cubes of Salmon, Tiger King Prawns, Monk Fish skewered & char-grilled with onion and peppers. Served with mashed potatoes & asparagus.

### GRILLED TIGER PRAWN 24.50

Grilled Tiger prawn over charcoal. Served with rice and salad.

### MONK FISH SHISH 25.50

Marinated skewered and char-grilled Monk Fish with red peppers and onion. Served with mashed potatoes & asparagus.

### KING PRAWN 24.50

Pan fried King prawn with mix pepper, garlic, fresh tomatoes, white wine, homemade tomato & pepper sauce with herbs. Served with rice.

### SEARED SCALLOPS 25.00

Pan fried Atlantic scallops cooked in butter. Served with potato puree & asparagus.